Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: ZDKK

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanderniepen Louis HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 50M BACKSTROKE WOMEN 11+ Heat:10, starttime: 14:20

Heat: 10/13 Lane : 2 Athlete: BAYENS FEMKE | **Q-time: 00:38:75**

PB (25m pool): no time **PB (50m pool):** 00:38.75 **SB:** no time

	25M	50M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ Heat:1, starttime: 14:25

Heat: 1/11 Lane : 4 Athlete: SUNAERT TUUR | **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ Heat:7, starttime: 14:35

Heat: 7/11 Lane : 3 Athlete: VERNAILLEN SIEBE | **Q-time: 00:38:22**

PB (25m pool): no time **PB (50m pool):** 00:38.22 **SB:** no time

	25M	50M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: ZDKK

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:7, starttime: 14:50

Heat: 7/14 Lane : 2 Athlete: CHRISTIAENS YENNA — **Q-time: 01:15:30**

PB (25m pool): 01:15.30 Temse 31/05/2026 **PB (50m pool):** 01:15.76 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:35.57		01:15.30	
		00:35.57		*00:39.73*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:1, starttime: 15:00

Heat: 1/12 Lane : 2 Athlete: SUNAERT TUUR — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:6, starttime: 16:40

Heat: 6/13 Lane : 6 Athlete: VERNAILLEN SIEBE — **Q-time: 03:10:23**

PB (25m pool): no time **PB (50m pool):** 03:10.23 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:6, starttime: 17:25

Heat: 6/17 Lane : 2 Athlete: CHRISTIAENS YENNA — **Q-time: 03:23:17**

PB (25m pool): no time **PB (50m pool):** 03:23.17 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: ZDKK

Event number: 10: 200M MEDLEY WOMEN 11+ **Heat:9, starttime: 17:40**

Heat: 9/17 Lane : 3 Athlete: BAYENS FEMKE **Q-time: 03:11:23**

PB (25m pool): no time **PB (50m pool):** 03:11.23 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: